

**Module description**

Module title	PSY-BA-WPM-13: Motivation, Emotion, and Action: Theories, Methods and Applications
Subject	Educational Psychology
Associated degree	Bachelor of Science (B.Sc.)
Module coordinator	Prof. Dr. Joachim C. Brunstein Joachim.C.Brunstein@psychol.uni-giessen.de
Frequency and duration	Winter and summer (2 semester course, 1.5h per week)
Language of instruction	German
Examination	Presentation or essay
ECTS	10 (for full 2 semester module; partial module = 5)
Prerequisites	Passing grade in the module PSY-BA-PM-12 „Educational Psychology“
Learning outcomes	<p>The students will acquire</p> <ul style="list-style-type: none"> • in-depth knowledge about the motivational and emotional basis of human action and about the application of this knowledge in psychological practice • diagnostic and methodological skills in the conception, execution and analysis of measurement instruments for the assessment of interindividual differences in human motives and emotional dispositions • profession-oriented knowledge about trainings in the field of motivation, emotion regulation and self-regulation of intentional behavior
Module content	<ul style="list-style-type: none"> • Motives for achievement, power and affiliation: Theories, findings and applications • Implicit and explicit motive systems and personality dispositions (e.g., implicit and explicit self-concepts and test anxiety) • Direct and indirect measures of individual differences in motivational and emotional dispositions • Intention, volition and action control • Life goals, life planning and emotional well-being • Anxiety and attention • Trainings: Motivation, anxiety and intentional self-development