



Workshop „Diet in Mental Health Treatment“

14th July 2023

from 12:00 pm to 4:00 pm
at Zentrum für Seelische Gesundheit
of Klinikum Stuttgart

During the workshop, international delegates from the **International Society for Nutritional Psychiatry Research** will provide insight into this emerging field!

Dr Tetyana Rocks, Deakin University
Dr Anu Ruusunen, University of Eastern Finland
Dr Scott Teasdale, Mindgardens Neuroscience Network
Dr Annabel Müller-Stierlin, Ulm University
Dr Wolfgang Marx, Deakin University
Megan Pilon, Deakin University



organized by

Dr Annabel Müller-Stierlin and Jutta Lehle
University Ulm, Department of Psychiatry II
in cooperation with Dr Maurice Cabanis
Klinikum Stuttgart, Zentrum für Seelische Gesundheit

CME points were
applied for

free of charge &
without industrial
sponsoring

Registration via <https://s2survey.net/NutritionalPsychiatry/>

Contact to Jutta.Lehle@Uni-Ulm.de



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Prießnitzweg 24, 70374 Stuttgart

11.30 – 12:00 Welcome reception

12:00 – 12:10 Welcome and introductions

12:10 – 12:45 “Intro to International Society for Nutritional Psychiatry Research and Nutritional Psychiatry plus Lifestyle Medicine” by Wolf Marx

12:45 – 13:20 World Café

13:30 – 14:00 “Physical health of people living with severe mental illness” by Scott Teasdale

14:00 – 14:30 “Implementing evidence in practice”
by Tetyana Rocks

14:40 – 15:10 “Practice without harm” by Anu Ruusunen

15:10 – 15:40 Group discussion

15:40 – 16:00 Concluding session

from 17:00 Networking Event



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