| Day Date | Saturday 02.09.2023 | Sunday 03.09.2023 | Monday 04.09.2023 | Tuesday 05.09.2023 | Wednesday 06.09.2023 | Thursday 07.09.2023 | Friday 08.09.2023 | Saturday 09.09.2023 | Sunday 10.09.2023 |
|---|--------------------------------|--|--|--|--|--|--|--|----------------------|
| Breakfast 08:00 - 09:00 | | | | | | | | | |
| Morning session I (40 Min. talk+20 Min. discussion) | | "Skin biology and function: a paradigmatic barrier organ" | "Neuro-immune interaction controls skin regeneration and homeostasis" | "Basics in neuro- immunology: each and every immunocyte responds to stress mediators" | "Itch: a model symptom for biopsychosocial interaction" | "Metabolic regulation of cell death and immunity in skin and brain" | "Skin-mental health interaction: the psychotherapeutic perspective" | "Animal and human studies in Psychoneuro-immunology" A. del Rey, E.M.J. Peters, J. | Farewell |
| 9:00 - 10:00 | | W. Pfützner | E.M.J. Peters | G. Pongratz | C. Schut | C. Culmsee | U. Gieler | Bredehöft | |
| Coffee break 10:00 – 10:30 | | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | |
| Morning session II (40 Min. talk+20 Min. discussion) | | "Neuroanatomy of the skin- brain axis lays the ground for close interaction" | "Neuro-immune cross-talk along the skin-brain axis controls inflammation" | "Immune mediators link the periphery and the brain: IL-1 as an example" | "Itch, pain and beyond: classical and non-classical pathways of brain-skin communication" | "Immune-homeostasis of the skin: mast cells coordinate constant remodelling" | "Read-outs for stress attacks on barriers: lessons from rheumatology studies" | "Physical exercise and the immune system: lessons from a stress-resilience paradigm" | |
| 10:30 - 11:30 | | C. Nassenstein | L. Basso | A. del Rey | M. Schmelz | M. Metz | R. Straub | K. Krüger | |
| Coffee break 11:30 – 12:00 | | Meet today's Pls | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | Meet today's PIs | |
| Morning session III (40 Min. talk+20 Min. discussion) | | "Basic principles of brain- immune-organ interaction" | "Psychology of intact barriers: what have we learned from Covid-19?" | "Stressed host defense: What does depression teach us?" | "Oxidative stress in brain, skin and hair" | "Stress Pathways to Disease" | "Statistics in Psycho-neuro- immunology" | "Perspectives in psychoneuro-immunology research" (digital presentation) | |
| 12:00 -13:00 | | C. Rummel | M. Schedlowski | J. Alferink | A. Karabatsiakis | N. Rohleder | A. Andreasson | M. Lekander | |
| Lunch 13:00 – 14:00 | | | | | | | | | |
| Recreation time 14:00 - 15:00 | | | | Cave: Bus leaves at 14:00 Arrival in Giessen 14:30 | | Cave: Event starts at 14:00 | | | |
| Practical courses Part I | Arrival and Registration | "Systems Medicine in a Nutshell" (digital presentation) | Autumn School Mini Congress: Awardee Abstract Presentations | Venture into scientific Giessen | Biopsychosocial conceptualization of the brain- skin axis | Venture into scientific Marburg | Impact of skin diseases on brain homeostasis and plasticity and vice versa | Methods swap | |
| 15:00 - 16:20 Biobreak | | O. Wolkenhauer | | Networking mentor-mentee | | Networking mentor-mentee | | | |
| 16:20 – 16:40 | | | | | | | | | |
| Practical courses Part II | | Training: "Elevator Pitch" | (5 minutes + 5 minutes discussion per minitalk) moderated by M. Schedlowski, | at 16:30 Visit of Laboratories and the Giessen Sperm Whale | Biopsychosocial concept round table wrap up moderated by E.M.J. Peters, | Visit of the University "Wachsmoulagen" | Psoriasis - U. Gieler, Atopic Dermatitis - E.M.J. Peters, (discussion in subgroups of 5) | Collection of feedback forms | |
| 16:40 - 18:00 Recreation time | | | A. del Rey, E.M.J. Peters | | A. del Rey | | · | all on site PIs | |
| 18:00-18:30 Dinner | | | | | | | | | |
| 18:30-19:30 | | | | | | | | | |
| Evening | Leasurely optional privat come | "Introduction to Psycho- neuro-immunology" | Evening social at the posters | Leasurely optional privat come together | PNI Charade and Midtime Social | "Career: How to start your own group?" | Meet the PI to discuss career experiences, wishes and options | Closing address, feedback discussion, Farewell Social | |
| 19:30 - 20:30 | together | F. Dhabhar | Poster session I | | | C. Rummel | all on site PIs | | |
| 20:30-21:30 | | | Poster session II | social room | social room | | | all on site PIs | |