

RAISE YOUR HAND! HOW TO FOLLOW YOUR CAREER WITH SELF-CONFIDENCE

A workshop for female scientists

How can women have it all? How to attain a successful and sustainable career and a fulfilling life?



This programme is supported by the equal opportunity commissioner (Frauen- und Gleichstellungsbeauftragte).

Frauen- und
Gleichstellungsbeauftragte
der Justus-Liebig-Universität

In almost all areas of life, traditional gender roles are dissolving. However, it is mostly men having leading positions – in industry as well as in academia. Only 25% of chief executives are women, often using male leadership styles. Women still have a hard time to break the glass ceiling. Moreover, after starting a family, many of them unintentionally fall back into the classical role patterns.

So the question is: How can women have it all? How to attain a successful and sustainable career and a fulfilling life?

Instructor: Antje Rach
Date: November 18 and 19, 2019
Place: Rektorenzimmer, Uni-Hauptgebäude, Ludwigstraße 23

THIS COURSE IS AIMED AT WOMEN WHO STRIVE FOR A SCIENTIFIC CAREER AND WANT TO FOLLOW THEIR OWN WAY WITHOUT ADHERING TO TRADITIONAL PATTERNS.

Besides career planning, the workshop focuses on strategies and exercises helping participants to be effectively seen and heard: How do I appear and perform compelling and confident? How do I make a mark and gain supporters? How do I pursue my way regardless of resistance and criticism?

In order to support flexible childcare, the costs for your childcare are covered by the GGS. Costs up to 15,00€/h (max. 15 hours for 2 days) can be charged. Billing will be realized after presentation of a corresponding invoice.