



Volunteering not only allows you to meet new people, but lets you improve skills like organizing, presenting, and public speaking. It has opened a lot of doors for me.

Boris, Speaker of the Student Union's Foreign Student Council (ASV)

Currently, I volunteer for the website DocCheck, where I write or complete medical articles. I also used to be involved with the German Red Cross. Both are an exciting practical addition to my medical studies and I get the opportunity to meet new people.



Julia, Volunteer at DocCheck



Volunteering is something that comes naturally to me. It's a great pleasure to see that you can help other people. In addition, you learn new skills that can be very important for future work and can also enrich your own life. At the moment, for example, I do interpreting and translation work.

Moaid, Volunteer at an.ge.kommen e.V.



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INTERNATIONAL STUDENTS

INFORMATION ON
VOLUNTEERING

THERE ARE MANY GOOD REASONS FOR VOLUNTEERING:

- You network with others and build new **contacts** – privately and professionally
- You gain more detailed insights into the **field of activity** of your choice
- You acquire relevant **soft skills** and **knowledge**: e.g. teamwork, project management, communication, ...
- Volunteering looks very good on your **resume**
- Volunteering can also be decisive for a **scholarship application**
- Sometimes you receive a small **allowance**
- But the most important thing: with your commitment you make a **positive contribution** to society, take **responsibility** and have the chance to **grow beyond yourself!**

JLU DAAD Award

Every year, JLU awards a DAAD prize for outstanding achievements by international students. The prize money amounts to 1,000 euros. The prize is expressly intended to honour not only special academic achievements, but also noteworthy social, societal and/or cultural commitment on the part of the students. Nomination/application deadline: July 15 of each year.

www.uni-giessen.de/daadpreis

CAN I ALSO GET INVOLVED DIRECTLY AT THE UNIVERSITY?

Yes! Get involved, for example ...

... as a **mentor at the InfoTisch** and help new international students find their way around the university



... at **Lokal International**, the JLU's international meeting centre, and help with the organisation of events



... in **university politics** and represent the interests of the student body in the student parliament



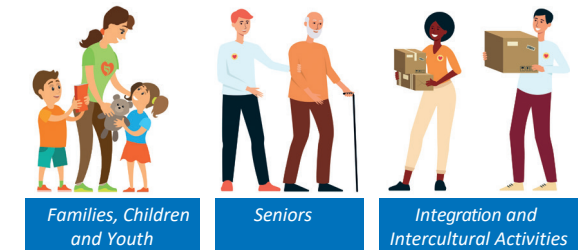
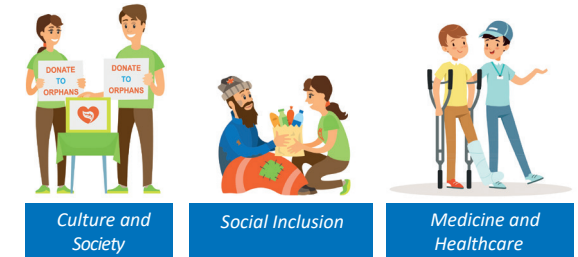
... in **student self-administration**, for example in the student council of your department or in the Student Union (ASTa)



... in the **Refugee Law Clinic** as an interpreter



WHICH ACTIVITY FIELDS ARE THERE?



WHERE CAN I FIND MORE INFO?

Volunteer Centre Giessen

Individual counselling and placement as well as further training for volunteers

info@freiwilligenzentrum-giessen.de
www.freiwilligenzentrum-giessen.de