

Contact

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Current positions

Since 2023	Professor, Chair of Nutritional Psychology (Tenure Track), Department of Nutritional Science, University of Giessen, Germany
Since 2018	Psychotherapist in training (Psychodynamic Psychotherapy (TP)), Psychologische Hochschule Berlin, Germany

Past positions

2023 – 2024	Guest scientist, Department of Counseling Psychology, University of Potsdam, Germany
2021 – 2023	Guest scientist, Department of Psychiatry and Psychotherapy and Department of Emergency Medicine, Campus Benjamin Franklin, Charité Universitaetsmedizin Berlin, Germany
2015 – 2023	Researcher, Department of Counseling Psychology, University of Potsdam, Germany
2020	Guest scientist, EREN (Nutritional Epidemiology Research Team), Inserm 1153 / Inra 1125 / Cnam/ Université de Paris / Paris 13 / Université Sorbonne Paris Nord, France
2019 – 2021	Researcher, Department of Psychiatry and Psychotherapy and Department of Emergency Medicine, Campus Benjamin Franklin, Charité Universitaetsmedizin Berlin, Germany
2014	Researcher, Institute of Social Medicine, Occupational Health and Public Health, University of Leipzig, Germany

Reviews

- Journals: Appetite, Applied Psychology: Health and Well-being, BMC Psychology, BMC Public Health, Body Image, British Journal of Health Psychology, British Journal of Nutrition, Eating and Weight Disorders, Eating Behaviors, ErnährungsUmschau, European Journal of Clinical Nutrition, Evaluation & the Health Professions, Healthcare, Mindfulness, Nutrients, Nutrition Journal, Psychotherapie, Public Health Nutrition, Scientific Reports

- Research funding: Swiss National Science Foundation (SNSF)

Academic administration

- Chairwomen, Local Ethics Committee, FB09, JLU (since 2023)
- Faculty Board, FB09, JLU (since 2023): Nutritional Science (Deputy)

Memberships

- German Nutrition Society (DGE)
- German Obesity Society (DAG)
- Deutsche PsychotherapeutenVereinigung (DPtV)
- Deutsche Fachgesellschaft für Tiefenpsychologisch fundierte Psychotherapie/Psychodynamische Psychotherapie (DFT)
- German Association of University Professors and Lecturers (DHV)