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Contact

Julia Heinrich, M.Sc.

Scientific staff member and doctoral researcher

Chair of Nutritional Psychology

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Current positions

Seit 2025

Scientific staff member and doctoral researcher, Chair of Nutritional Psychology, Department of Nutritional Science, Justus-Liebig-University Giessen

Research focus: Scale validation, Test fairness, Intuitive Eating, Queerfeminist perspectives on body image and nutrition, Replication crisis and open science practices

External lecturer, Hochschule Fresenius Heidelberg

Study programs: Psychology, Business Psychology (B.Sc.)

Modules: Fundamentals of Test Theory and Psychological Diagnostics; Personality and Differential Psychology

Education and work history

2021 – 2025	M.Sc. Psychology, Goethe-University Frankfurt am Main <u>Major:</u> Cognition and Neuroscience with minor in Clinical Psychology <u>Master thesis:</u> My body, my ink – The role of tattoos in bodily reappropriation of queer people Chair of Differential Psychology and Psychological Diagnostics, Prof. Dr. Sonja Rohrmann
2024 – 2025	Student research assistant and tutor, Goethe Orientation Program in Humanities and Social Sciences, Goethe University Frankfurt <u>Module:</u> Transformative Bodies – Having, Being, Becoming (Dr. Bettina Brederbeck & Dr. Martin Eldracher) <u>Responsibilities:</u> Design and delivery of regular tutorials on academic working and social science research logic and methodology
2022 – 2025	Student research assistant, Chair of Sports Pedagogy, Department of Sports Science, Goethe-Universität Frankfurt am Main <u>Research project:</u> GAIN (Gesund arbeiten in Inklusionsbetrieben) <u>Responsibilities:</u> Literature review, data collection, transcription and analysis of qualitative interview data, manuscript preparation
2017 – 2021	B.Sc. Psychology, Ulm University <u>Bachelor thesis:</u> Implicit measures of attitudes toward poverty and wealth Chair of Psychological Research Methods, Prof. Dr. Morten Moshagen
2013 – 2016	High School Diploma, Annemarie Lindner School, Nagold (Social Sciences High School) Major: Pedagogy & Psychology

Skills and expertise

Quantitative research logic and methodology

Frequentist & Bayesian Inference, Classical Test Theory and Item Response Theory, Linear regression, moderation, mediation, multilevel, path and structural equation models

Software

R, Mplus, SPSS, Python, MATLAB, SoSci Survey, Unipark, LaTeX

Transdisciplinary Topics

Open science practices, clinical neuropsychology, machine learning, attitudes and extremism research, minority stress and stigmatization, personality research, intersubjective psychoanalysis (especially following Jessica Benjamin), poststructuralism and new materialisms, feminist epistemology and standpoint theory, queer theory, gender and trans studies, sociology of the body, asexuality/aromanticism and singlism, transformative/restorative and reproductive justice, intersectionality

Grants and funding

Heinrich, J. Y. (2026). *Introduction to Bayesian Modeling: A Hands-on Workshop for Early-Career Researchers*. Funded by the Giessen Graduate Center for Natural Sciences and Psychology (GGN), €4,000.

Teaching

BP-185: Nutritional Psychology (Summer term)

MP-266: Conversation Techniques in Nutrition Counseling and Therapy (Summer term)

Thesis supervision

Bachelor's theses

Polyphenol-rich diet and its association with psychological well-being and memory performance

Master's theses

The association between attention-deficit/hyperactivity disorder and eating disorders