

## Erasmus+ Traineeship

### Top-up for Green Travel and for Students with Fewer Opportunities

1. Participants travelling abroad in an environmentally friendly way (outbound and/or return journey) can apply for **1-6 additional travel days**. **Green travel** is defined as travelling using low-emission modes of transport such as bus, train or carpooling for the majority of the journey.
2. Participants of the following target groups can apply for a **top-up of € 250.00 per month** if they fulfil the respective requirements.
  - Students with **disabilities**
    - Degree of disability of 20 or more
    - Or students with a proven disability due to which there is an additional financial need
  - Students with **chronic illness**
    - Chronic illness due to which there is an additional financial need
  - Students going abroad **with child/children**
    - At least one child joins the stay abroad
    - Amount of the top-up is independent of the number of children
    - Application is also possible if the partner is travelling with the child: No double funding if both parents receive an Erasmus+ grant!
  - **First-time university graduates**
    - Both parents or reference persons do not have a degree from a university or university of applied sciences (refers only to parents, not siblings)
  - **Employed** students whose job is not continued during their stay abroad
    - Monthly earnings are above € 450.00 and below € 850.00 (net earnings of all activities per month added up; if you earn below € 450.00 or above € 850.00 in one month, this can be compensated across months)
    - Activities carried out on a self-employed basis and dual/part-time study programmes with a fixed salary are excluded.
    - Students must have worked continuously for six months immediately prior to the application deadline.

The two top-ups for environmentally friendly travel and for disadvantaged students can be combined.

### Application and documentation: Affidavit

- To apply for a top-up, please complete, sign and send the affidavit to [erasmus.praktika@admin.uni-giessen.de](mailto:erasmus.praktika@admin.uni-giessen.de).
- By signing the affidavit, you confirm the eligibility requirements as well as the existence of evidence proving that you meet the stated requirements for the top-up.
- Furthermore, you agree to keep this evidence for at least 5 years after your mobility and to present it to the sending university upon request.

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Examples of possible supporting documents (not to be submitted, but to be kept for 5 years on your own responsibility):

- Students with **disabilities**
  - Severely disabled person's card, notice by the State Social Welfare Office, medical certificate
- Students with **chronic illness**
  - Medical certificate confirming that additional financial needs will arise abroad due to the chronic illness (the type of illness and the amount/extent of the additional need do not have to be stated or quantified)
- Students going abroad **with child/children**
  - Birth certificate of the child/children, travel documents of the child/children
- **First-time university graduates**
  - Informal information on the educational qualifications of the parents, affidavit by the parents
- **Employed** students
  - Salary statements, tax returns