

Gewichtszentrierte und gewichtsneutrale Ernährungsberatung im Kontext von Gewichtsstigmatisierung – ein Scoping Review

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Liste der einbezogenen Studien zum Thema: Stigmatisierende Einstellungen von Ernährungsfachkräften

Autor*innen	Jahr	Titel	DOI
Berryman, D. E., Dubale, G. M., Manchester, D. S. & Mittelstaedt, R.	2006	Dietetics students possess negative attitudes toward obesity similar to nondietetics students	10.1016/j.jada.2006.07.016
Cotugna, N. & Mallick, A.	2010	Following a calorie-restricted diet may help in reducing healthcare students' fat-phobia	10.1007/s10900-010-9226-9
Diversi, T. M., Hughes, R. & Burke, K. J.	2016	The prevalence and practice impact of weight bias amongst Australian dietitians	10.1002/osp4.83
Hellbardt, M., Riedel-Heller, S. G. & Sikorski, C.	2014	Dietitians' attitudes towards obese patients	10.4455/eu.2014.015
Isom, K. A.	2021	The effect of an educational video intervention on knowledge of obesity and weight bias in dietetic interns: A mixed methods analysis	ISBN: 979-8607389291
Jung, F., Luck- Sikorski, C., Wiemers, N. & Riedel-Heller, S. G.	2015	Dietitians and nutritionists: Stigma in the context of obesity A systematic review	10.1371/journal.pone.0140276
Kusuma, M., Al- Bashabsheh, Z., Albashabsheh, N. T., Parker, M. & Muturi, N.	2023	Examining Weight Stigmatization toward Obese Individuals among Nutrition and Dietetic Students using the Attribution Theory	10.4103/ijph.ijph_1615_22
Puhl, R., Wharton, C. & Heuer, C.	2009	Weight bias among dietetics students: implications for treatment practices	10.1016/j.jada.2008.11.034
Roy, R., Kaufononga, A., Yovich, F. & Diversi, T.	2023	The prevalence and practice impact of weight bias among New Zealand registered dietitians	10.1111/1747-0080.12791
Taylor, S. F., Krobath, D. M., Cuevas, A. G., Hennessy, E. & Roberts, S. B.	2024	Breaking Academic Silos: Pedagogical Recommendations for Equitable Obesity Prevention Training and Research During an Age of Nutrition Polarization	10.1016/j.focus.2024.100217

Liste der einbezogenen Studien zum Thema: Wirksamkeit gewichtsneutraler Ernährungsinterventionen

Autor*innen	Jahr	Titel	DOI
Berg, K. H., Natvik, E. & Eik-Nes, T. T.	2023	Patient experiences of a 10-weeks weight-neutral treatment program for clinical binge eating disorder in a higher weight population	10.1186/s40337-023-00955-0
Clifford, D., Ozier, A., Bundros, J., Moore, J., Kreiser, A. & Morris, M. N.	2015	Impact of non-diet approaches on attitudes, behaviors, and health outcomes: A systematic review	10.1016/j.jneb.2014.12.002
Dugmore, J. A., Winten, C. G., Niven, H. E. & Bauer, J.	2020	Effects of weight-neutral approaches compared with traditional weight-loss approaches on behavioral, physical, and psychological health outcomes: a systematic review and meta-analysis	10.1093/nutrit/nuz020
Goehner, H. J.	2023	<i>Finding body appreciation through the weight-neutral framework</i>	ISBN: 0419-4209
Lee, S. M., Li, S., Newland, A., Leedeman, J., Clifford, D. & La Keeler	2021	A peer-led non-diet behaviour change intervention: FitU	10.1177/0017896920954470
Mensinger, J. L., Calogero, R. M., Stranges, S. & Tylka, T. L.	2016	A weight-neutral versus weight-loss approach for health promotion in women with high BMI: A randomized-controlled trial	10.1016/j.appet.2016.06.006
Mensinger, J. L., Calogero, R. M. & Tylka, T. L.	2016	Internalized weight stigma moderates eating behavior outcomes in women with high BMI participating in a healthy living program	10.1016/j.appet.2016.01.033
Mensinger, J. L., Shepherd, B. F., Schapiro, S., Aware, Y., Brochu, P. M., Calogero, R. M. & Tylka, T. L.	2023	Mediating effects of a weight-inclusive health promotion program on maladaptive eating in women with high body mass index	10.1016/j.eatbeh.2023.101730
Rogers, C. B., Webb, J. B., Bauert, L. & Carelock, J.	2022	Feasibility and Acceptability of a Guided Self-Help, Text-Messaging Intervention to Promote Positive Body Image of Emerging Adult Women	10.3389/fgwh.2022.849836
Salvia, M. G., Ritholz, M. D., Craigen, K. L. & Quatromoni, P. A.	2023	Womens perceptions of weight stigma and experiences of weight-neutral treatment for binge eating disorder: a qualitative study	10.1016/j.eclinm.2022.101811
Schmid, J., Linxwiler, A.,	2024	Weight-inclusive, intuitive eating-based workplace wellness program	10.1016/j.eatbeh.2023.101840

Owen, E., Caplan, H., Jenkins, K. R., Bauer, K. W., Zawistowski, M., Weeks, H. M. & Sonnevile, K. R.		associated with improvements in intuitive eating, eating disorder symptoms, internalized weight stigma, and diet quality	
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