13 TH
INTERNATIONAL
SOCIETY OF
EXERCISE AND
IMMUNOLOGY
SYMPOSIUM

COIMBRA
PORTUGAL
JULY 11 – 14
2017

TRAINING
OUR IMMUNE
SYSTEM FOR
HEALTH AND
PERFORMANCE

More information
http://www.isei.dk
# PRELIMINARY PROGRAM
## TRAINING OUR IMMUNE SYSTEM FOR HEALTH AND PERFORMANCE

### Tuesday 11th July
- 14:00- 17:30 Registration
- 17:30- 19:30 Welcome Reception

### Wednesday 12th July
- 8:00- 9:00 Day registration and Poster mounting
- 9:00- 9:30 Opening of the Symposium
- 9:30- 10:30 **Session 1** Presidential Symposium & Honorary Lecture
  - Katsuhiko Suzuki (JP), Romain Meeusen (BE)
- 10:30- 11:00 Tea/Coffee break
- 11:00- 12:30 **Session 2** How to Maintain Athletes Health
  - Maree Gleeson (AUS), David Pyne (AUS)
- 12:30- 14:00 Lunch
- 14:00- 15:30 **Session 3** Immune Responses to Exercise
  - Karsten Krüger (GE)
- 15:30- 16:00 Tea/Coffee break
- 16:00- 17:30 **Session 4** Immune Responses to Extreme Challenges
  - Neil Walsh (UK)
- 17:30-18:30 Poster viewing and judging of Early Career Researcher posters

### Thursday 13th July
- 8:00- 9:00 Day registration and Poster Mounting
- 9:00- 10:30 **Session 5** Exercise and Metabolism
  - Amira Klip (CAN)
- 10:30- 11:00 Tea/Coffee break
- 11:00- 12:30 **Session 6** Skeletal Muscle Regeneration and Adaptation
  - Benedicte Chazaud (FR), Jonathan Peake (AUS)
- 12:30- 14:00 Lunch
- 14:00- 15:30 **Session 7** Modulating Diseases Outcome by Exercise
  - Pernille Hojman (DK); Ryoichi Nagatomi (JP)
- 15:30- 16:00 Tea/Coffee break
- 16:00- 17:30 **Session 8** Nutritional Intervention in Exercise
  - David Nieman (USA)
- 17:30- 18:30 Poster viewing and judging of Earlier Career Researcher Award posters
- 19:30 Symposium Dinner

### Friday 14th July
- 9:00- 10:30 **Session 9** Immunosenescence and Exercise
  - Richard Simpson (USA), Ana Teixeira (PT)
- 10:30- 11:00 Tea/Coffee break
- 11:00- 12:30 **Session 10** Exercise and the Gut Microbiota: From Brain to Muscle
  - Monika Fleshner (USA), Sven Pettersson (SW)
- 12:30- 13:30 Closing of the Symposium and Earlier Career Researcher awards
- 13:30- 14:30 Farewell